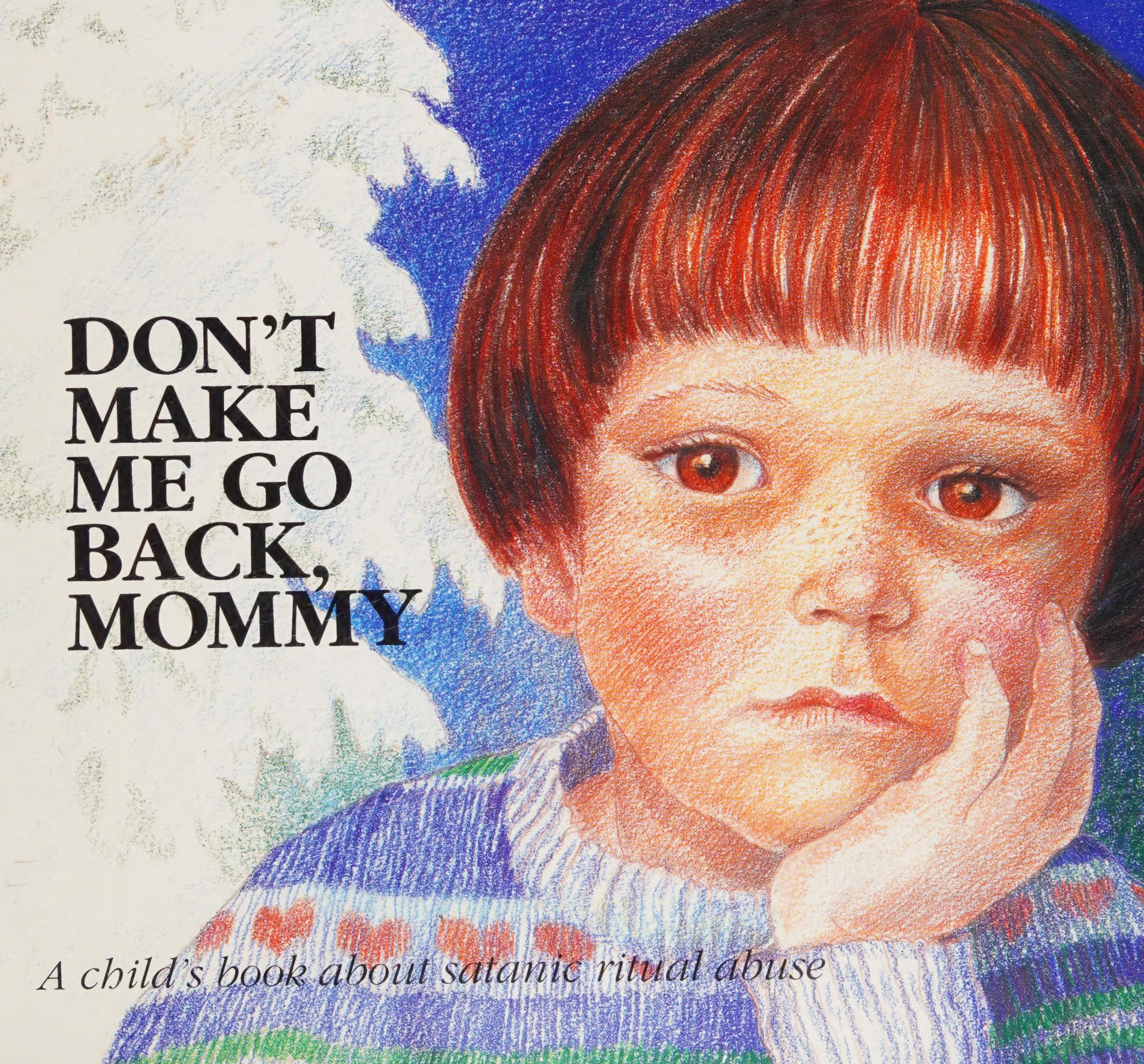
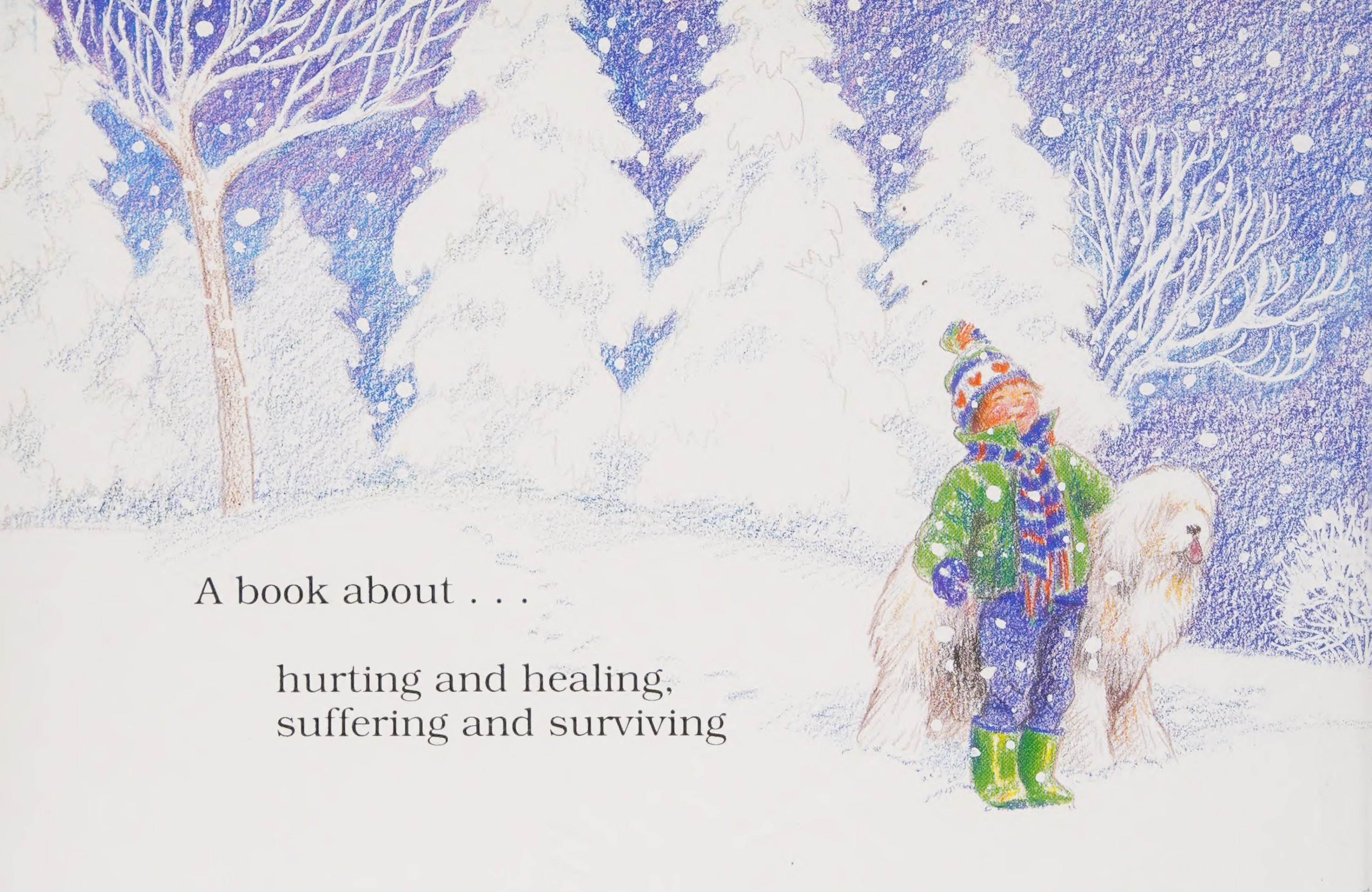

DON'T MAKE ME GO BACK, MOMMY
A child's book about satanic ritual abuse



A book about . . .

hurting and healing,
suffering and surviving

DON'T MAKE ME GO BACK, MOMMY

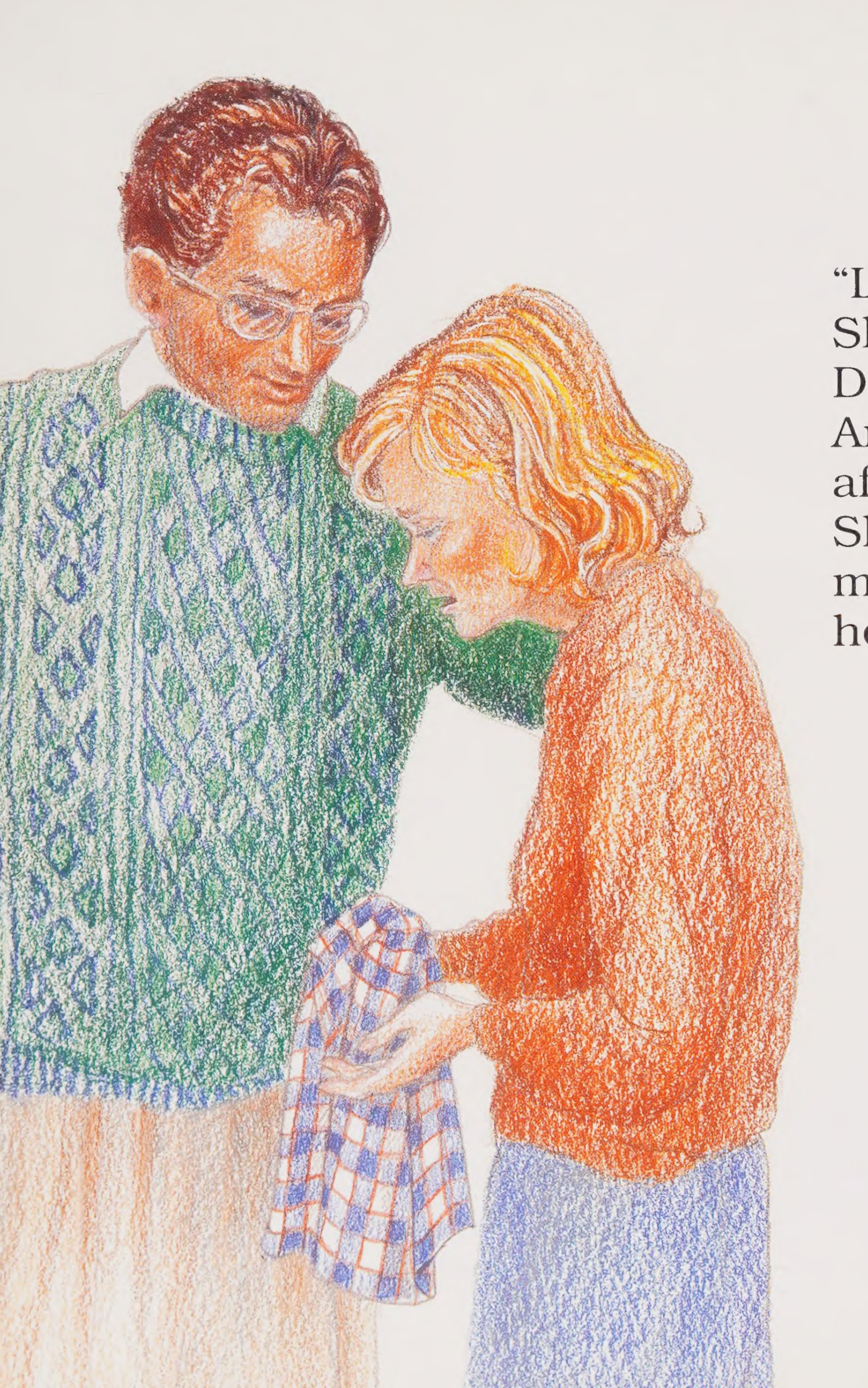
Published by Multnomah Press
Portland, Oregon 97266
Printed in Hong Kong

90 91 92 93 94 95 — 6 5 4 3 2 1

The story by Doris Sanford
Pictures by Graci Evans



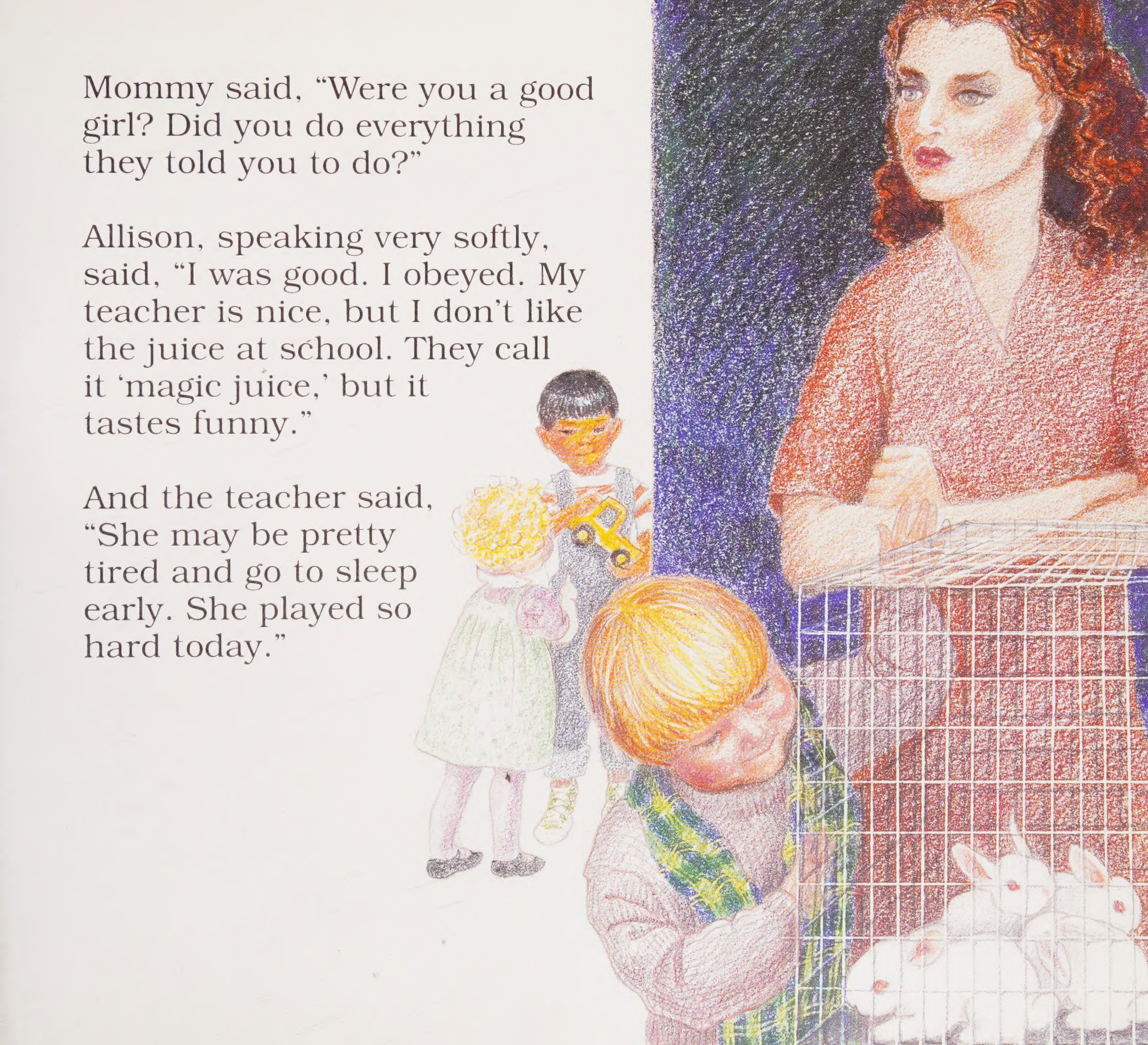
With love and deep respect
we dedicate this book to
PATTI HILLS
Survivor
We honor you, Patti!



"Look, she didn't eat again. She used to love chicken. Do you think she's sick? And another thing, she acts afraid most of the time. She doesn't want to leave my side. She's even afraid of her sixth birthday!"



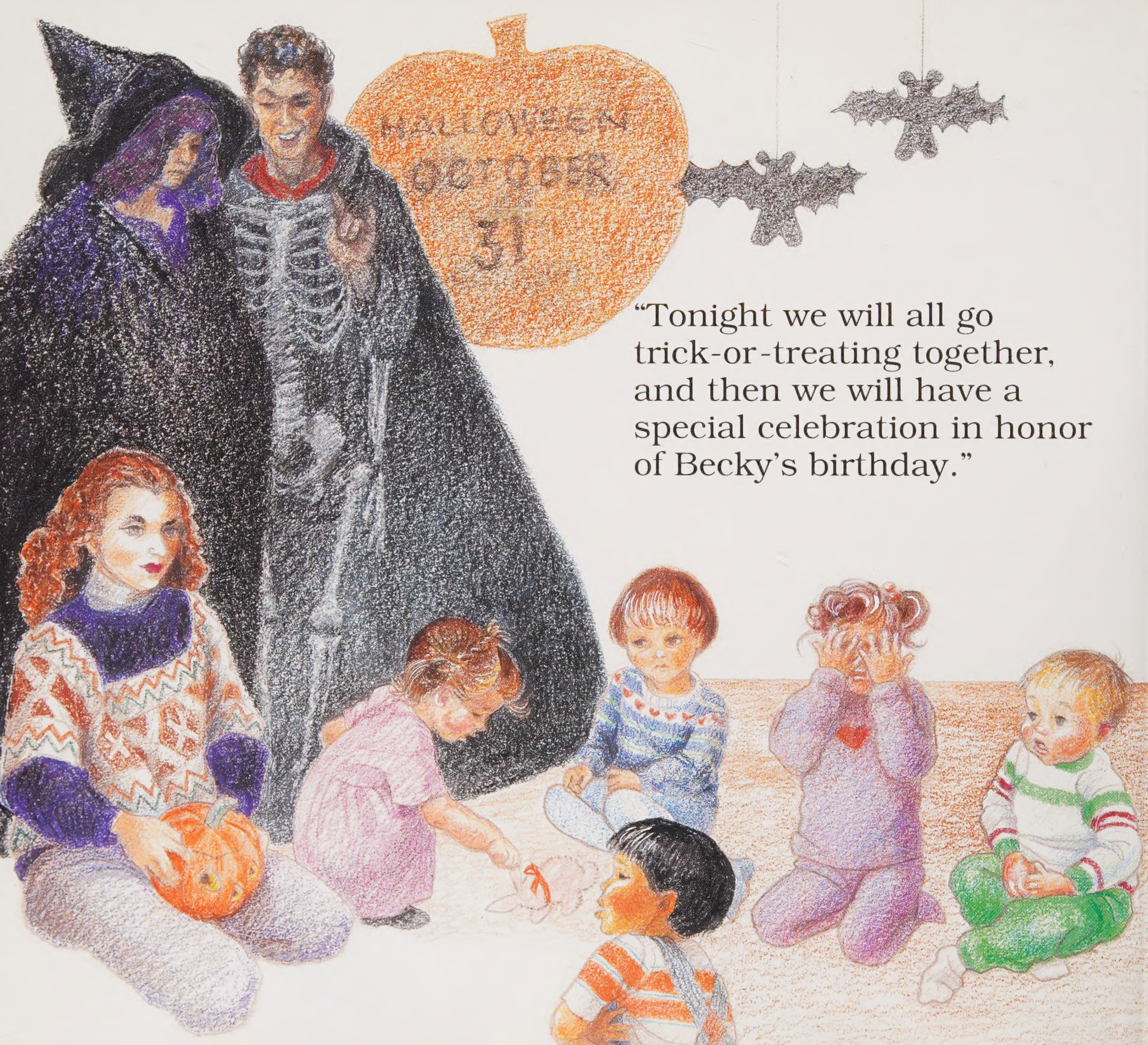

ALISON



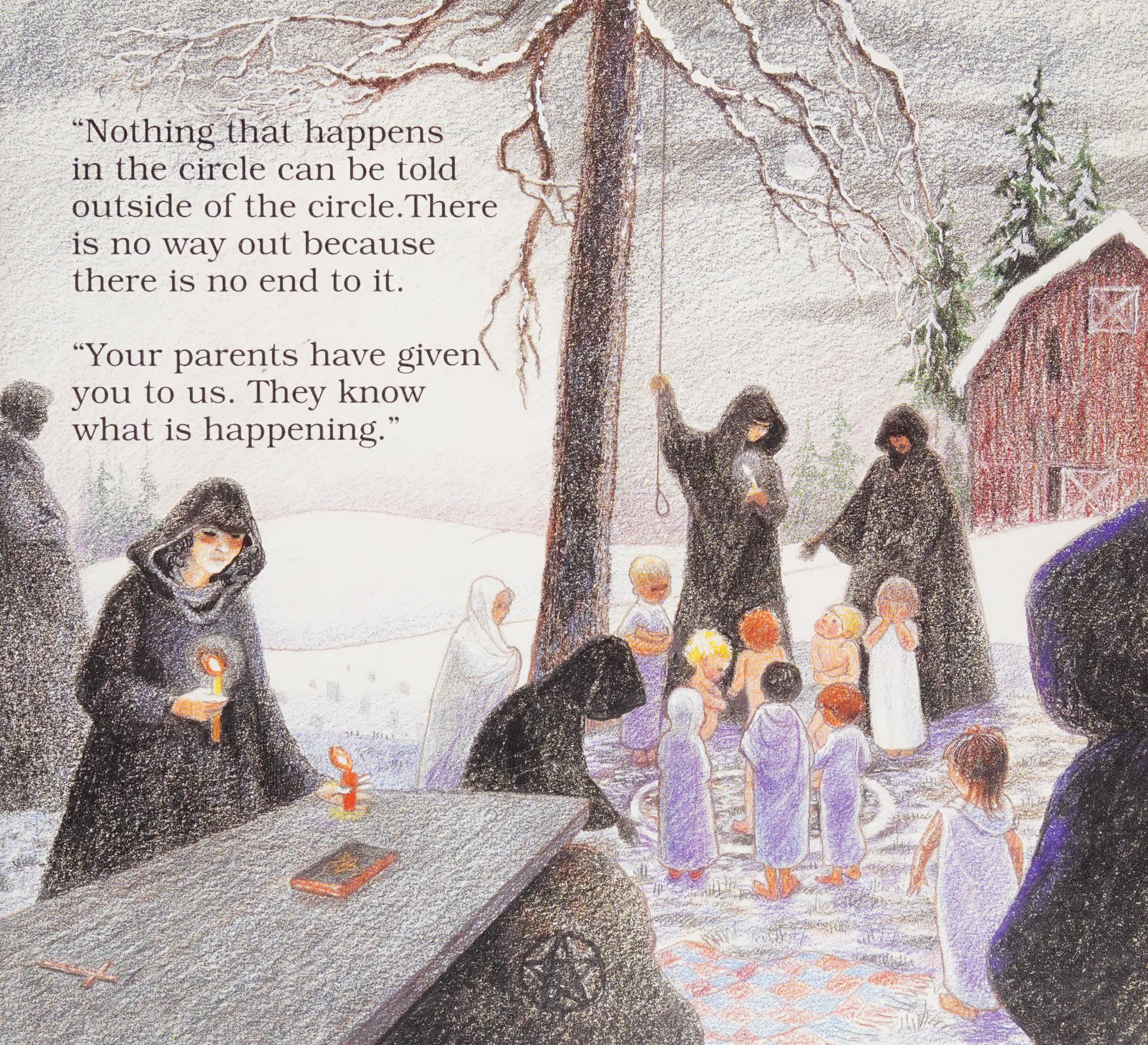
Mommy said, "Were you a good girl? Did you do everything they told you to do?"

Allison, speaking very softly, said, "I was good. I obeyed. My teacher is nice, but I don't like the juice at school. They call it 'magic juice,' but it tastes funny."

And the teacher said, "She may be pretty tired and go to sleep early. She played so hard today."

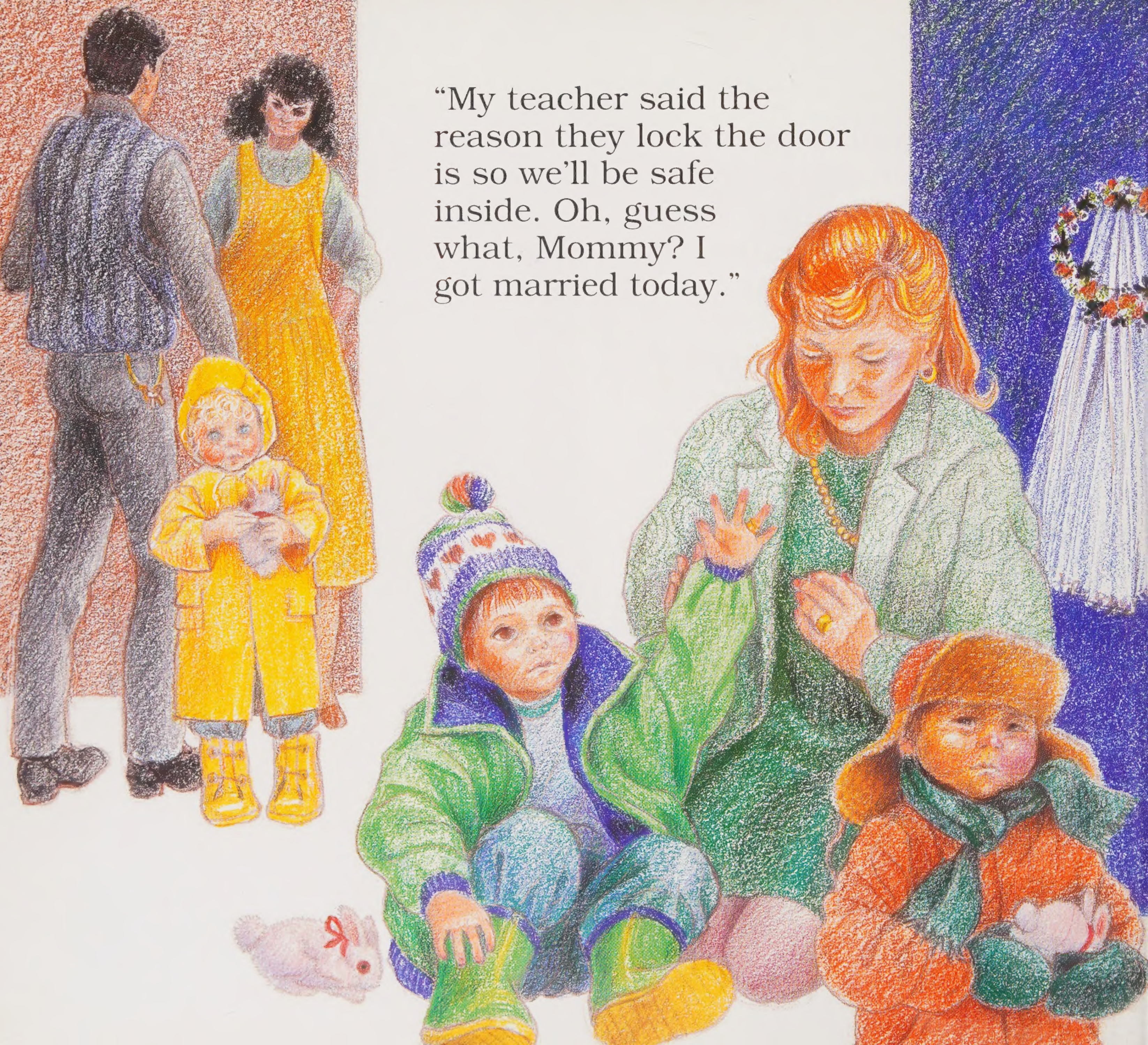


"Tonight we will all go trick-or-treating together, and then we will have a special celebration in honor of Becky's birthday."



"Nothing that happens in the circle can be told outside of the circle.There is no way out because there is no end to it.

"Your parents have given you to us. They know what is happening."



"My teacher said the reason they lock the door is so we'll be safe inside. Oh, guess what, Mommy? I got married today."

"I don't want to go to the MOVIE STAR ROOM at day care. I know everybody has to go, even you, but I HATE it when they take my clothes off. I must really be bad for my parents to let them do this to me. They said something terrible would happen to my parents if I told them about this."



“I don’t want to take my clothes off for the doctor and walk around naked. He’ll give me ‘bad shots,’ Mommy. There will be more bad things happen. I want to go home. I already HAD the ‘magic surgery.’ They put a monster in me.”



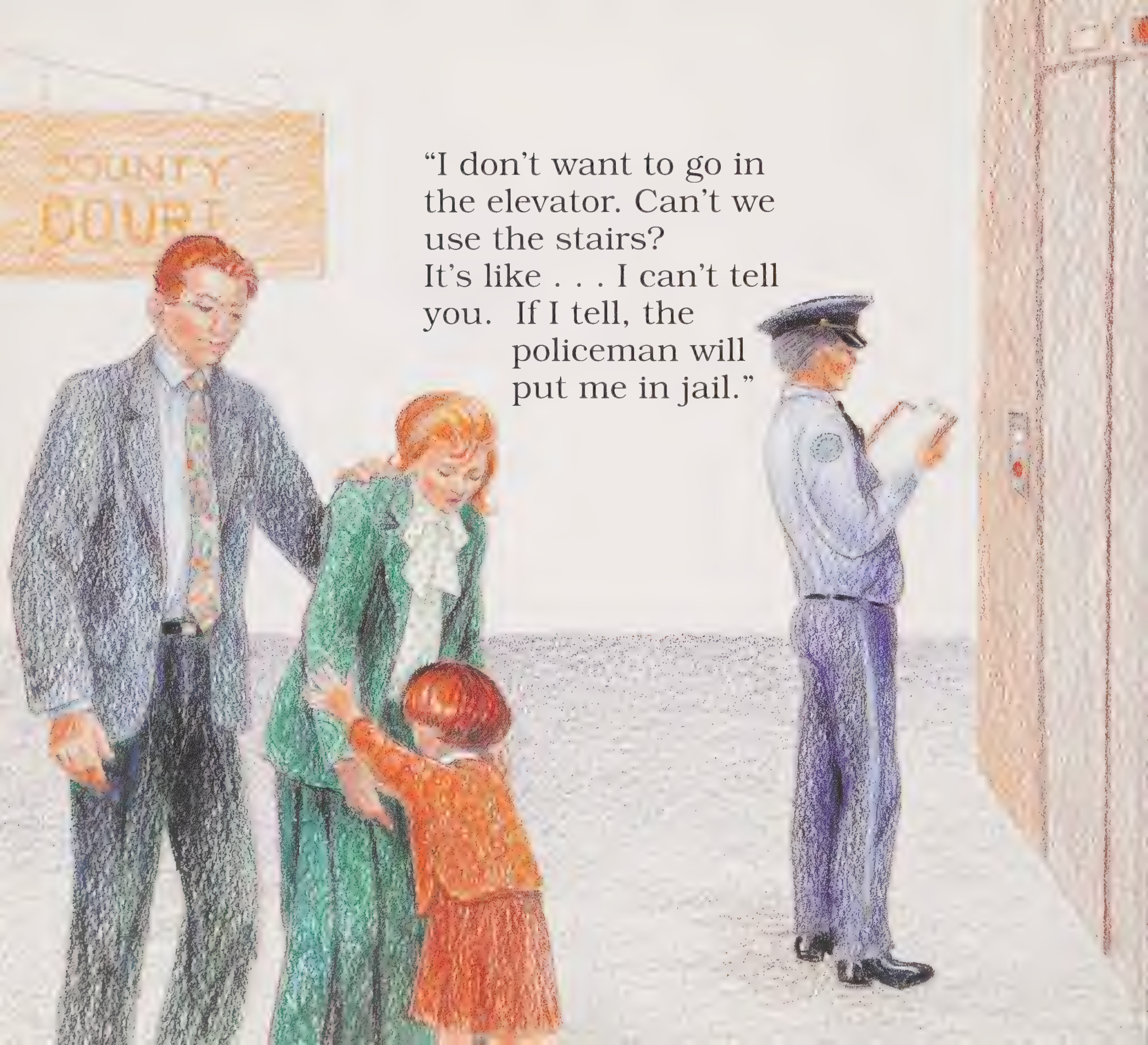
"Doctor, she has terrible nightmares, she won't eat some foods, and she becomes upset when I ask her to wear certain clothes. SOMETHING IS WRONG. She even bit the dog this week. Look at her now, pretending to be dead! I think something bad has happened to her at that day care center!"

"My other mommy said I don't have to use the potty anymore. I don't live at YOUR house, I live at MY house, you know.

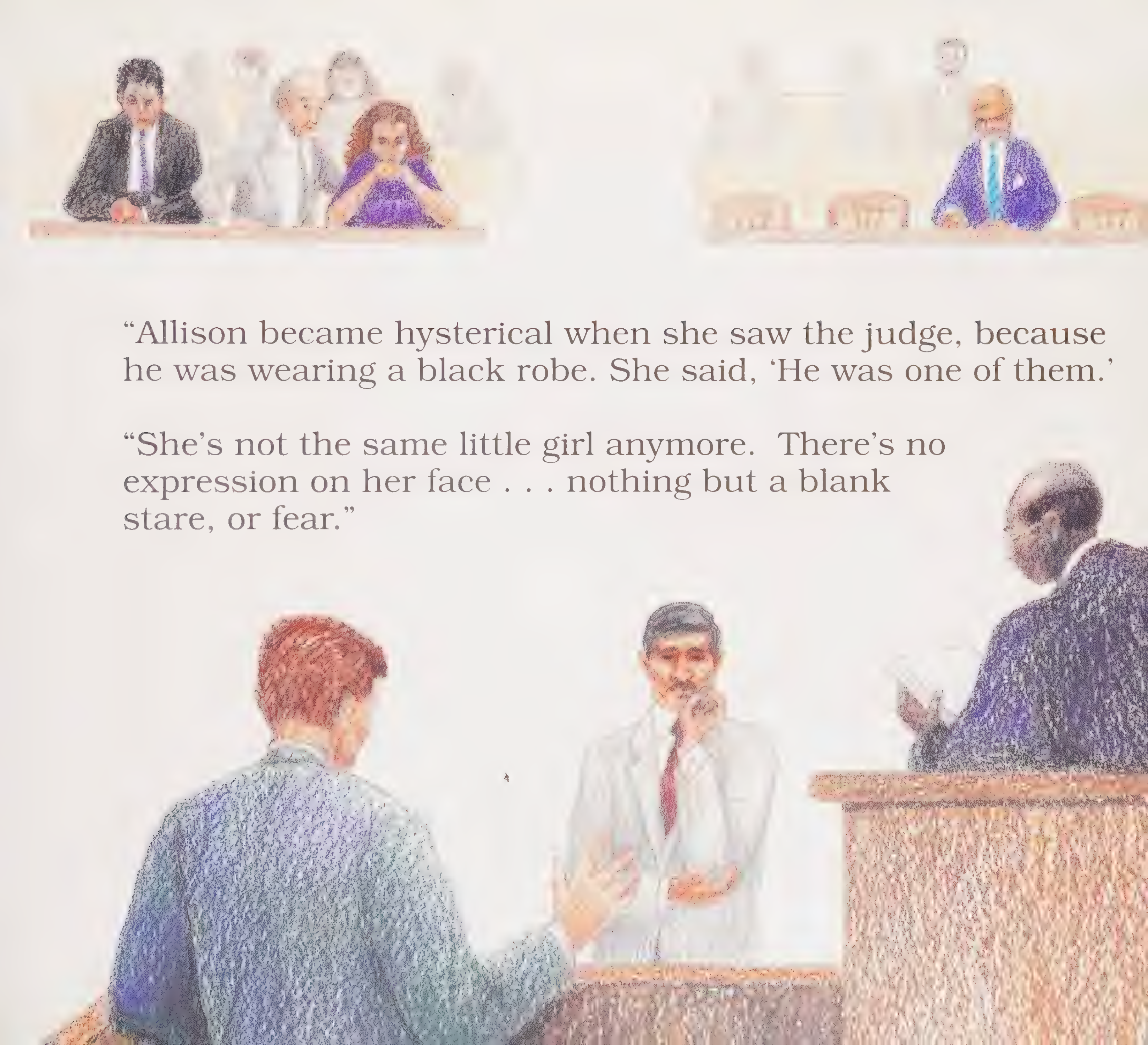
"I don't want the medicine on my bottom, and I don't want any more pictures of me in the movie star room. They hurt me, Mommy. I'm bad, really bad."





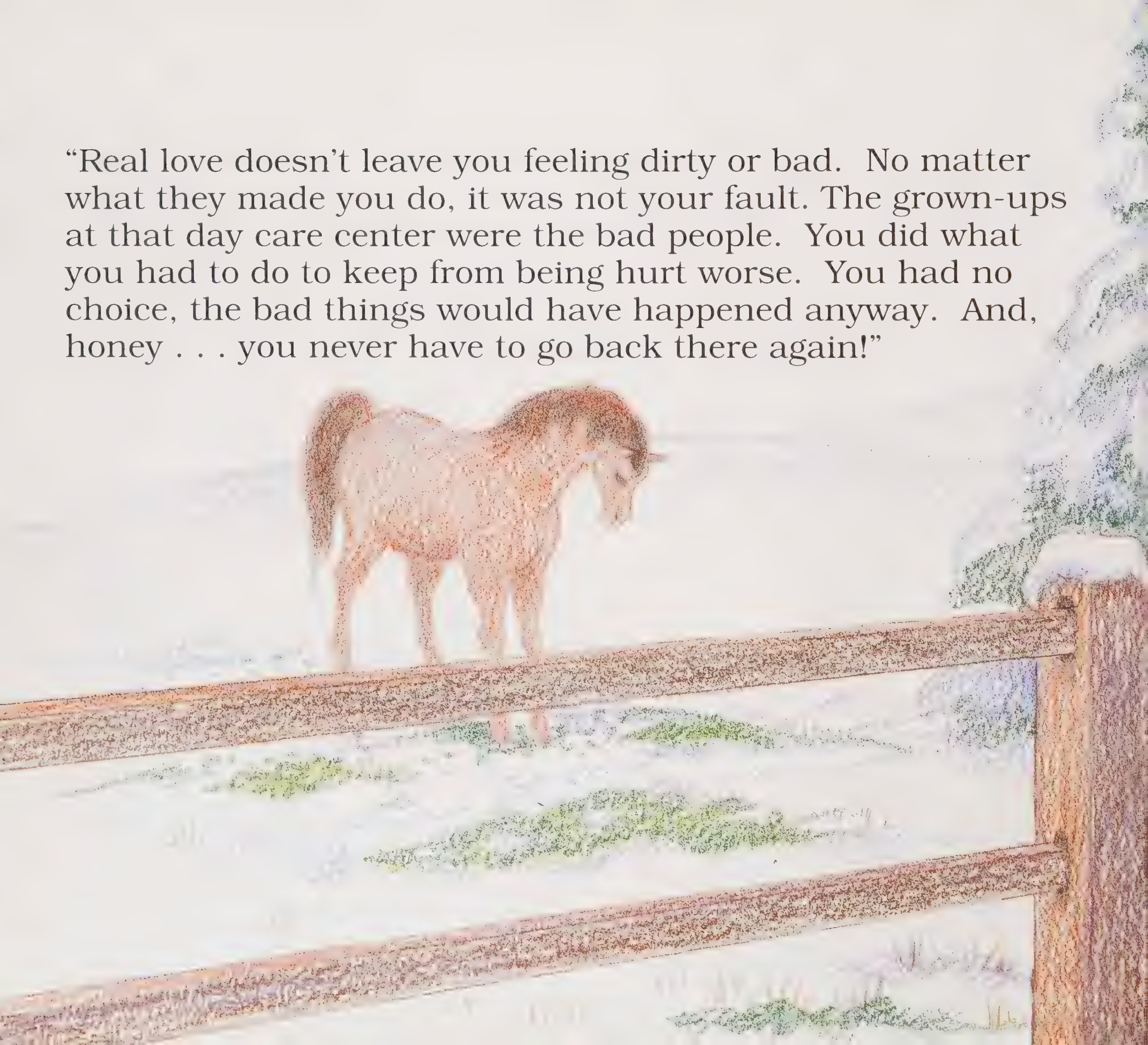


"I don't want to go in the elevator. Can't we use the stairs?
It's like . . . I can't tell you. If I tell, the policeman will put me in jail."



“Allison became hysterical when she saw the judge, because he was wearing a black robe. She said, ‘He was one of them.’

“She’s not the same little girl anymore. There’s no expression on her face . . . nothing but a blank stare, or fear.”



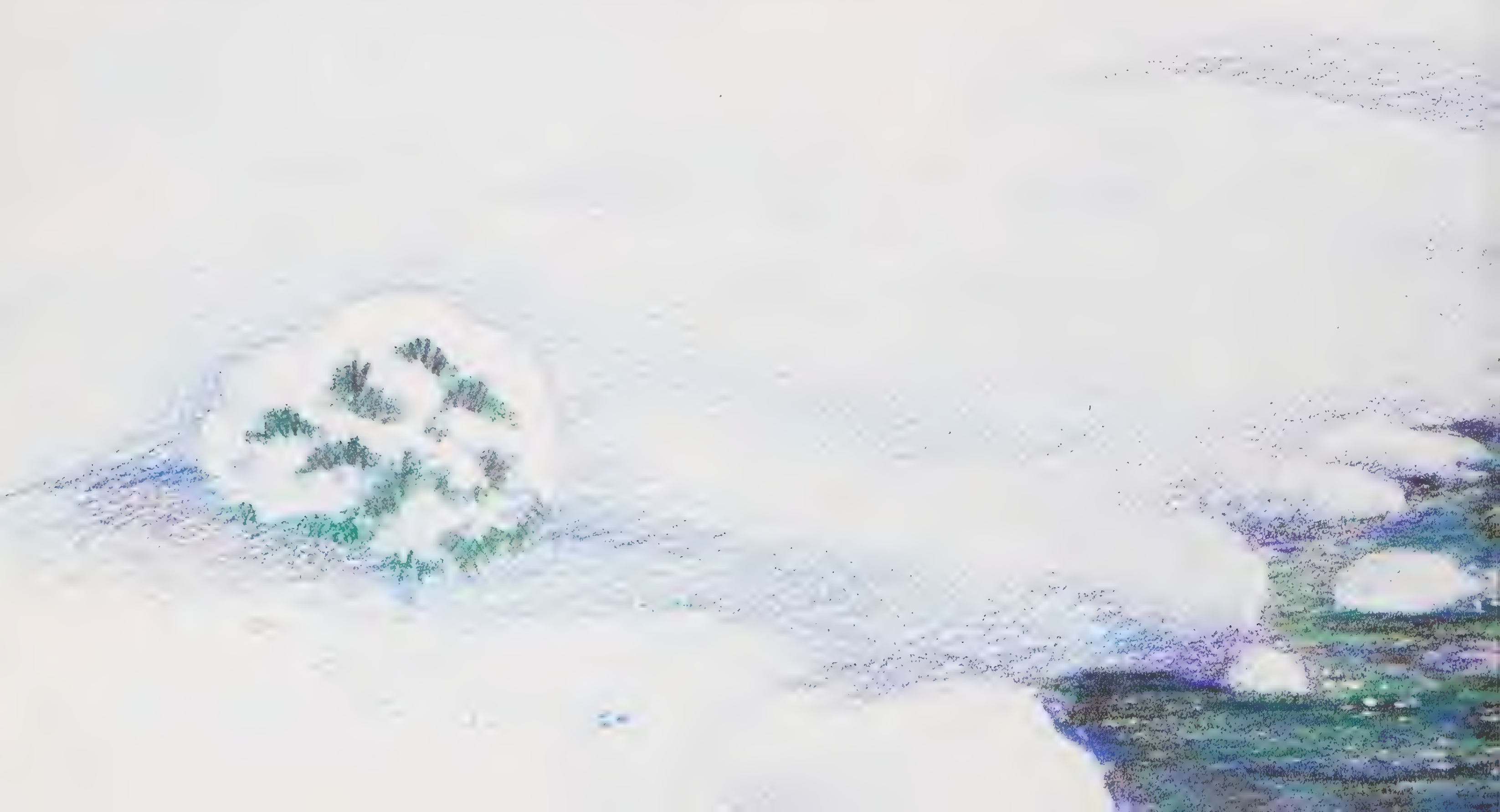
"Real love doesn't leave you feeling dirty or bad. No matter what they made you do, it was not your fault. The grown-ups at that day care center were the bad people. You did what you had to do to keep from being hurt worse. You had no choice, the bad things would have happened anyway. And, honey . . . you never have to go back there again!"

"Our love for you has not changed."



"Your mom and I did not know about the bad things happening to you. If we had known, we would have come to get you and take you home. We are proud of you for making it through some awful times, and we are very sorry that you were hurt.

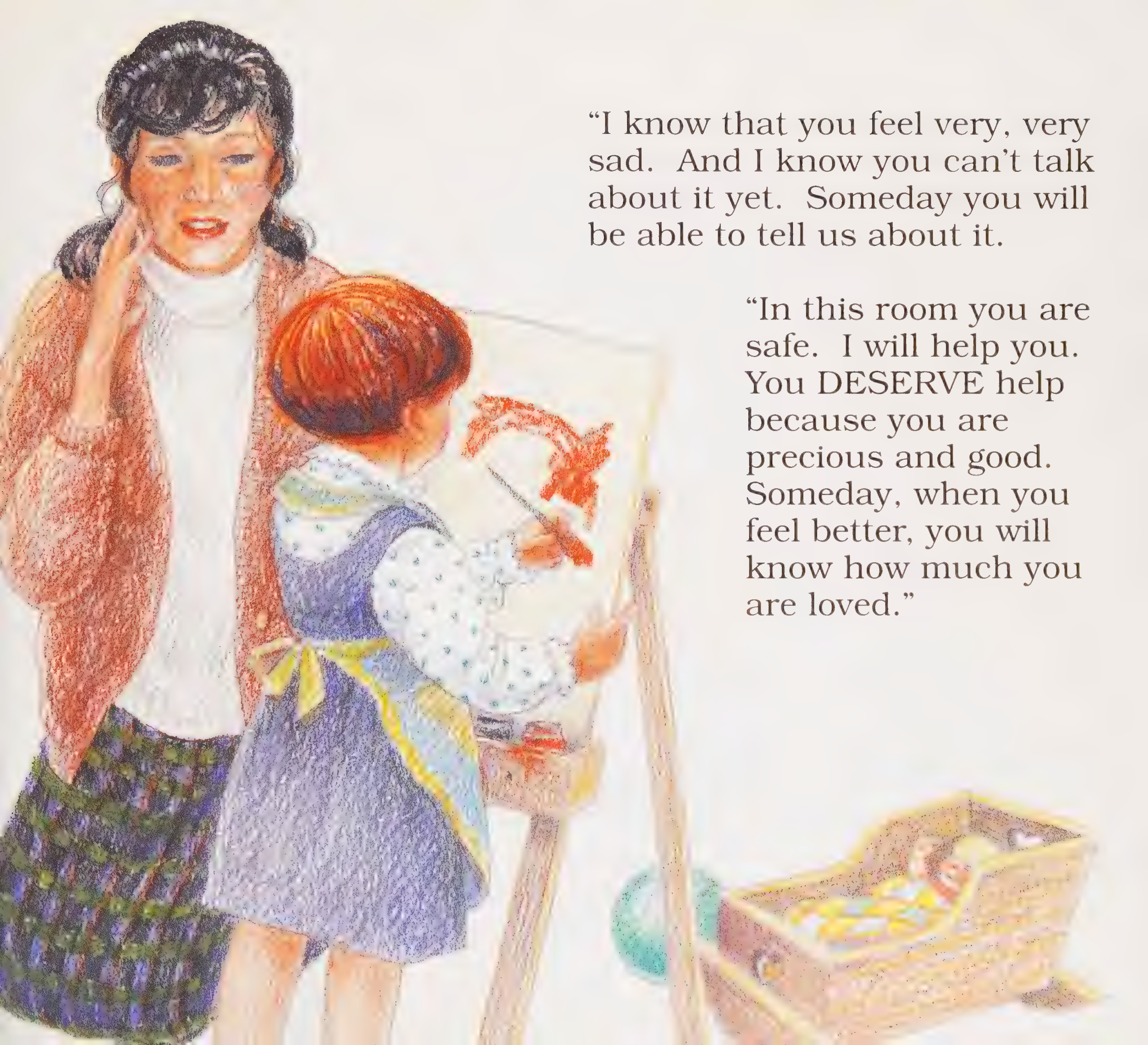
"I know you are mixed up about God right now because of what those bad people told you. God cried with you when you were hurt. He loves you very, very much."





"I know you were told you CAN'T take this down, and that the ears hear and the eyes see everything you are doing. They lied to you. I know they told you that someone is watching you, and that no one would believe you if you told the secrets. But those were all lies. We DO believe you, and nothing bad will happen to you for telling. YOU DID THE RIGHT THING!

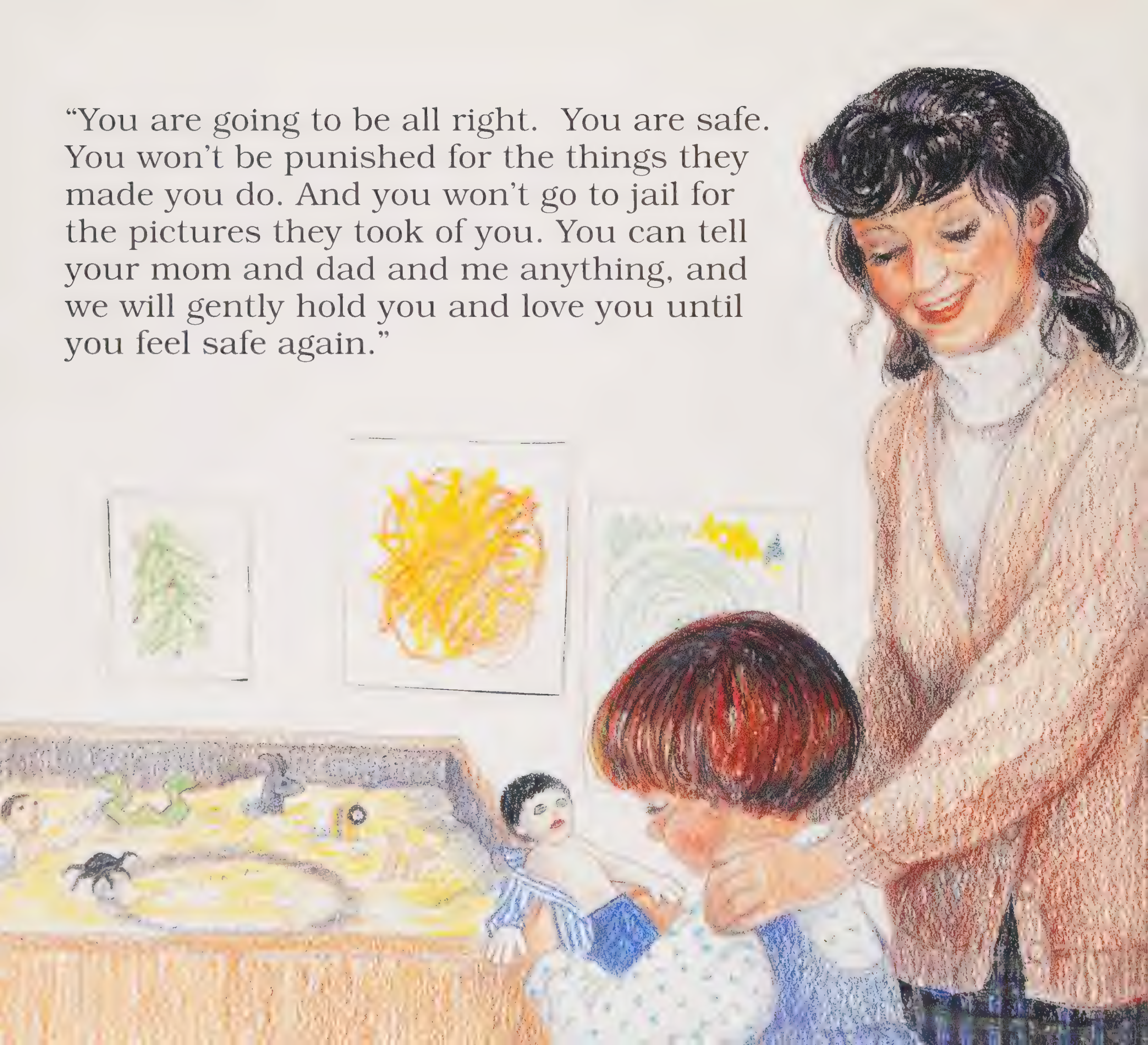


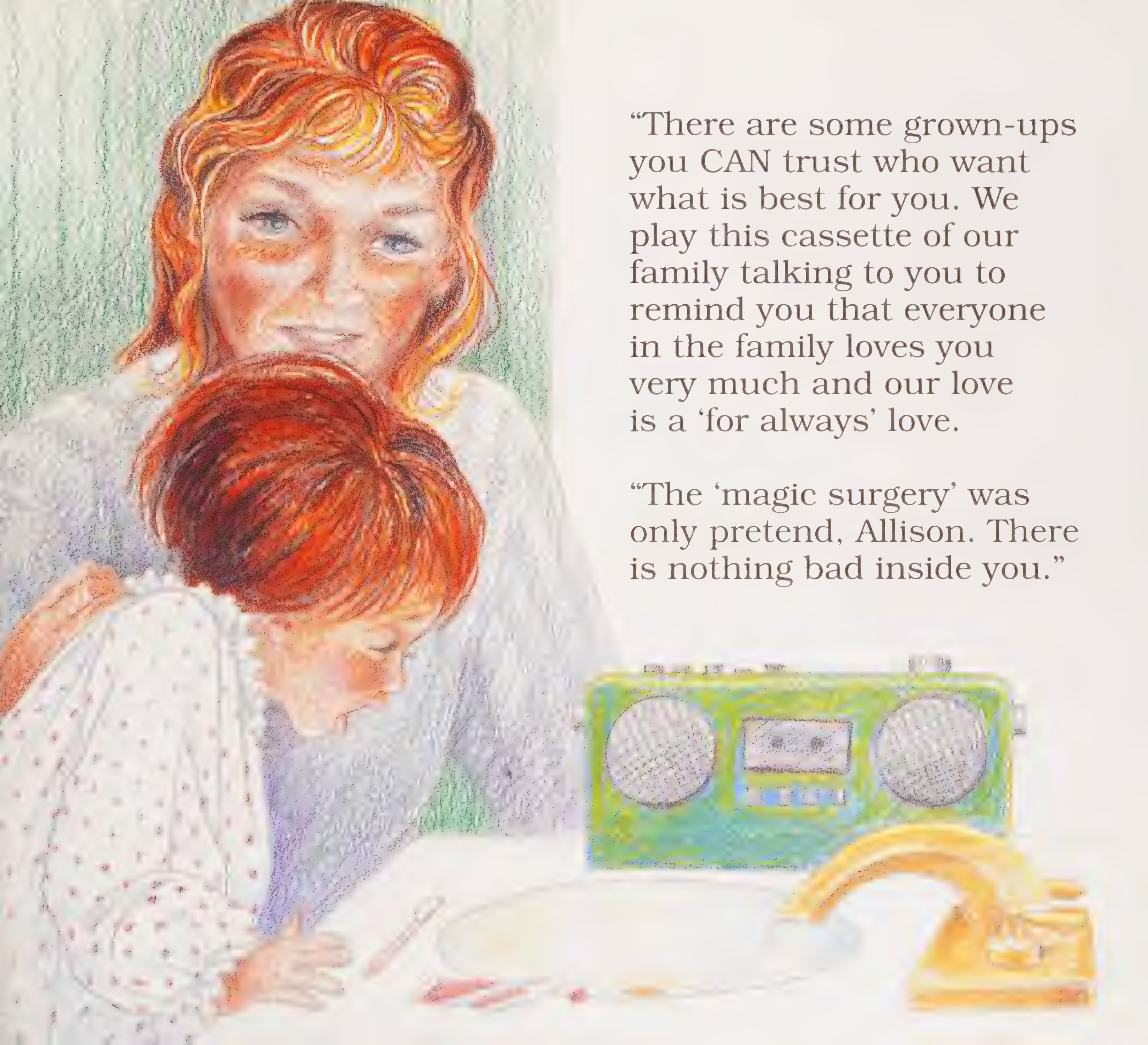


"I know that you feel very, very sad. And I know you can't talk about it yet. Someday you will be able to tell us about it.

"In this room you are safe. I will help you. You DESERVE help because you are precious and good. Someday, when you feel better, you will know how much you are loved."

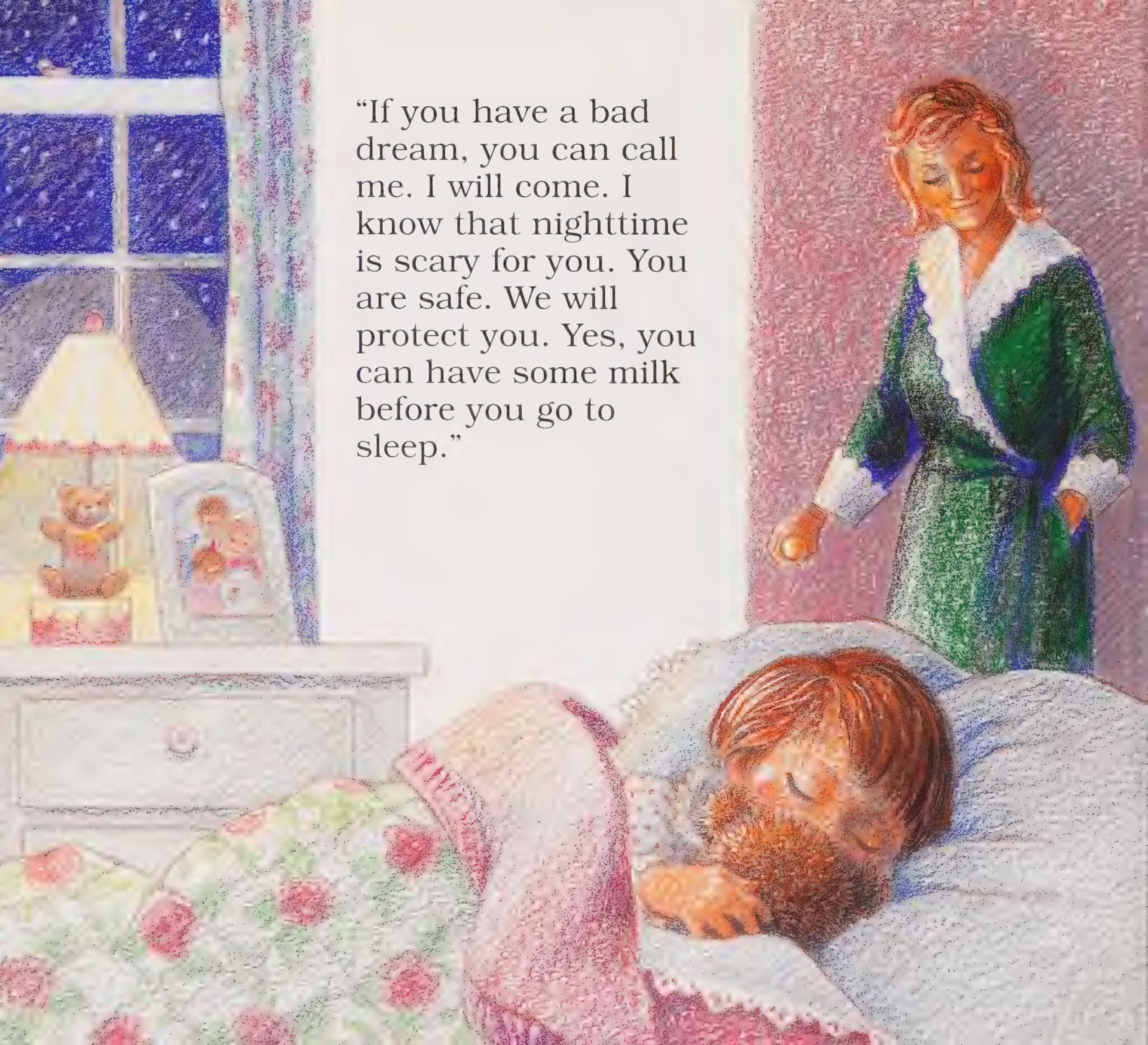
“You are going to be all right. You are safe. You won’t be punished for the things they made you do. And you won’t go to jail for the pictures they took of you. You can tell your mom and dad and me anything, and we will gently hold you and love you until you feel safe again.”





"There are some grown-ups you CAN trust who want what is best for you. We play this cassette of our family talking to you to remind you that everyone in the family loves you very much and our love is a 'for always' love.

"The 'magic surgery' was only pretend, Allison. There is nothing bad inside you."



"If you have a bad dream, you can call me. I will come. I know that nighttime is scary for you. You are safe. We will protect you. Yes, you can have some milk before you go to sleep."



"Sometimes I feel so angry at the people who hurt you. It's okay for you to feel angry, too. You don't have to be strong and brave. We will be strong for you."





"You do such a nice job of loving and taking care of your new kitten.

"I know this will take some time to heal, but we will be here with you. We are on your side. You are loved very much!"

Dear Parent,

Children who are survivors of ritual abuse need a therapist with experience in working with these children, but most of all, your child needs YOU.

1. Don't let your anger at the abusers take so much energy that you are distracted from being with and loving your child. When a parent is angry, children feel they have caused the anger.

2. Children who have participated in rituals or have been told they are "Satan's children" may feel attacked when the abuser's behavior is condemned. Clearly state that the child was not responsible.

3. To understand ritual abuse, you must think in opposites, i.e., good is bad, wrong is right, etc.

4. Be sensitive in talking about God, and do not force the child to participate in taking communion, which the child may associate with blood. Keep in mind that the abusers have sometimes worn clerical robes during the abuse.

5. Don't tell children they need to be strong. Children need permission to feel whatever feelings they have.

6. Listen to your child. Don't show any horror or repulsion, because your child will assume he or she has caused those feelings. Do let the child know that you feel very sad about the abuse.

7. Don't interrogate the child about what happened. The child will talk about it in her own way when she is able. Be patient.

8. Some especially frightening experiences for the child are: Halloween, the child's sixth birthday, nighttime, bathrooms, certain foods that remind the child of particular rituals.

9. Many ritually abused children have special fears related to water and to small enclosed spaces. These may bring back terrifying memories.

10. Children can and do heal. Pray for them and surround them with unconditional love.



When five-year-old Allison's parents begin to see a change in her behavior at home, they seek professional help for her. They find that Allison and other children have been ritually abused at a day care center. Thus begins Allison's recovery through counseling and through her parents' affirmations that it was not her fault, that she is precious and loved, and they will keep her safe.

⁕⁕⁕⁕

Ritual Abuse is a brutal form of child abuse that includes sexual, physical, psychological, and spiritual abuse involving the use of rituals, often as part of satanic religious practice.

The location, events, and family portrayed in this story do not represent any particular location or individuals. The "storyline" has been presented in vignettes—little glimpses—into many possible ways that ritual abuse occurs. The words of the text and the objects and situations illustrated are based on months of intensive research into the nature and practice of satanic ritual abuse. Any child who has been ritually abused will recognize the validity of this story and will be able to relate to most of the scenes portrayed.



MULTNOMAH
Portland, Oregon 97266



COUNSELING/CHILDREN

ISBN 0-88070-367-9